

Pretoria Week 129 September - 03 October 2025

Maternelle



| | | <u>Maternelle</u> Burrito Wrap | <u>Maternelle</u> Fish Fingers with Tomato sauce | <u>Maternelle</u> Creamy tomato Chicken pasta | <u>Maternelle</u> Pizza | Lycée Jules Verne PREPARED FOR THE WORLD French International School |
|---|---------------------------------|---|--|--|---|--|
| | | LUNDI | MARDI | MERCREDI | JEUDI | VENDREDI |
| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit + | | Seasonal Fruit Mexican Day | Seasonal Fruit | Seasonal Fruit | Seasonal Fruit | Seasonal Fruit Buttered Bran Muffin |
| Entrée / Starter Choice of garden salad or | | Chefs Choice Salad Green Salad / Coleslaw Salad | Chefs Choice Salad Green Salad Grated Carrot & Raisin Salad | Chefs Choice Salad Green Salad Tomato Salsa | Chefs Choice Salad Green Salad Broccoli and cheese | Salad Bar |
| D É J E U N E R - L U N | VÉGÉTARIEN VEGETARIAN | | | | | |
| | VIANDE /POISSON MEAT /FISH | Mexican Open Crumb Chicken Burrito with Cheese | Crumb Hake Fillet Served with Creamy Tartar Sauce | Creamy Chicken, Sundried Tomato & Feta Pasta | Assorted Pizza's | Pan Grilled Chicken Breast with Tomato Gravy |
| | ACCOMPAGNEMENTS SIDE ORDERS | Rosemary Roasted Potato Wedges French Bread | Butter Steamed Couscous French Bread | Buttered Corn & Pea's Spaghetti French Bread | Fresh Chips French Bread | Butter Fried Cabbage French Bread |
| C H Dessert Desert | | Fruit & Yoghurt | Cheese Stick & Fruit Salad Bar | Ice cream | Yoghurt & Fruit Salad bar | Yoghurt & Fruit |
| | Entré Choice Plat- Main Desse | Elémentaire: Fruit seulement /only Maternelle: Fruit + Entrée / Starter Choice of garden salad or VÉGÉTARIEN VEGETARIAN Plat- Main VIANDE / POISSON MEAT / FISH ACCOMPAGNEMENTS SIDE ORDERS Dessert | Collation primaire / Primary snack Elémentaire: Fruit seulement /only Maternelle: Fruit + Choice of garden salad or Chefs Choice Salad Green Salad / Coleslaw Salad VÉGÉTARIEN VEGETARIAN Plat- Main VIANDE / POISSON MEAT / FISH Mexican Open Crumb Chicken Burrito with Cheese ACCOMPAGNEMENTS SIDE ORDERS ROSEMARY ROASTED Potato Wedges French Bread Fruit & Yoghurt | Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit + Chefs Choice Salad Green Salad / Coleslaw Salad Chefs Choice Salad Green Salad / Coleslaw Salad Chefs Choice Salad Green Salad Green Salad Grated Carrot & Raisin Salad VÉGÉTARIEN VEGETARIAN Plat- Main VIANDE / POISSON MEAT / FISH ACCOMPAGNEMENTS ROSEMARY ROASTED Potato Wedges French Bread Cheese Stick & Fruit & Yoghurt Fish Fingers with Tomato sauce MAR R DI TUESDAY Chefs Choice Salad Green Salad Green Salad Grated Carrot & Raisin Salad Crumb Hake Fillet Served with Creamy Tartar Sauce Butter Steamed Couscous French Bread Cheese Stick & Fruit & Yoghurt Cheese Stick & Fruit | ### Accompagnements Maternelle Burrito Wrap Fish Fingers with Tomato sauce | Burrito Wrap Burri |