



Menu

Pretoria
06 – 10 October 2025



		<u>Maternelle</u> Beef Stir fry	<u>Maternelle</u> Creamy Tuna Baked	<u>Maternelle</u> Beef Lasagne	<u>Maternelle</u> Chicken Stew	
		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY
MATIN MORNING	 Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>	Seasonal Fruit Chinese Day	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit Chicken Strip
DÉJEUNER – LUNCH	 Entrée / Starter <i>Choice of garden salad or...</i>	Chefs Choice Salad Green Salad Waldof Salad	Chefs Choice Salad Greek Salad Lemon Lentil & Couscous Salad	Chefs Choice Salad Green Salad Curry Bean Salad	Chefs Choice Salad Green Salad Fennel & Orange Salad	Salad Bar
	 Plat-Main					
	 VÉGÉTARIEN VEGETARIAN					
	 VIANDE / POISSON MEAT / FISH	Beef Stir Fry Chow Faan (Fried Rice)	Tuna & Corn Potato Bake	Beef Lasagne with Garlic Bread	Prego Roasted Chicken Thighs with Gravy	Boerewors Rolls with Shebo & Caramelised Onions
	 ACCOMPAGNEMENTS SIDE ORDERS	Stir Fry Veggies Fried Rice French Bread	Steamed Mixed Vegetables French Bread	Corn on a cob Garlic Bread	Garlic & Herb Roasted Vegetable Lemon Cous Cous French Bread	Pasta Salad French Bread
	 Dessert Desert	Yoghurt & Fruit	Fruit Salad	Cheese Stick & Fruit	Jelly & Custard	Yoghurt & Fruit

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
 For any questions, suggestions or comments, please email: cantinelJv@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
 These menus can change depending on supply of provisions.