

Pretoria Week 315 - 19 September 2025

Maternelle

Chicken Stir-Fry

Maternelle

Fish Fingers



				Deel Stew			
			LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
; (Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit CHINESE DAY	Seasonal Fruit	Seasonal Fruit
	Entrée / Starter Choice of garden salad or		Chefs Choice Salad Green Salad Curried Bean Salad	Chefs Choice Salad Green Salad Tabouli Salad	Chefs Choice Salad Green Salad Asian Soy Slaw	Chefs Choice Salad Green Salad Basil Pesto Pasta	Salad Bar
		VÉGÉTARIEN VEGETARIAN					
	Plat- Main	VIANDE /POISSON MEAT /FISH	Oven Baked Chicken Schnitzel Served with Cheese Sauce	Braised Beef short Ribs served with a Jus Gravy	Chinese Soy Chicken Stir Fry with Chinese Egg Noodles	Creamy Hake Baked Potato Gratin with Cheese	Creamy Butter Chicken Curry served with Fresh Coriander
		ACCOMPAGNEMENTS SIDE ORDERS	Roast Vegetable Fresh Chips French Bread	Ratatouille Veggies Couscous French Bread	Chinese Stir Fry Veggies Chinese Egg Noodles French Bread	Green bean, onion & Mushroom Medley French Bread	Cucumber and Yoghurt Dill Riata Turmeric Rice French Bread
	Dessert Desert		Fruit Salad	Cheese Stick & Fruit SALAD BAR	Fruit & Yoghurt	Chocolate Cocktail Doughnut SALAD BAR	Fruit & Yoghurt
		Eléme Mater Entrée Choice Plat-Main Dessei	Elémentaire: Fruit seulement /only Maternelle: Fruit + Entrée / Starter Choice of garden salad or VÉGÉTARIEN VEGETARIAN Plat- Main VIANDE /POISSON MEAT /FISH ACCOMPAGNEMENTS SIDE ORDERS Dessert	Collation primaire / Primary snack Elémentaire: Fruit seulement /only Maternelle: Fruit + Chefs Choice Salad Green Salad Curried Bean Salad Curried Bean Salad VÉGÉTARIEN VEGETARIAN Plat- Main VIANDE / POISSON MEAT / FISH Oven Baked Chicken Schnitzel Served with Cheese Sauce ACCOMPAGNEMENTS SIDE ORDERS French Bread Pruit Salad	Collation primaire / Primary snack Elémentaire: Fruit seulement /only Maternelle: Fruit + Chefs Choice Salad Green Salad Curried Bean Salad Curried Bean Salad Choice of garden salad or VÉGÉTARIEN VEGETARIAN VIANDE / POISSON MEAT / FISH Oven Baked Chicken Schnitzel Served with Cheese Sauce ACCOMPAGNEMENTS SIDE ORDERS Passert MONDAY Seasonal Fruit Seasonal Fruit Seasonal Fruit Seasonal Fruit Seasonal Fruit Chefs Choice Salad Green Salad Chicken Schnitzel Served with a Jus Gravy Ratatouille Veggies Couscous French Bread Cheese Stick & Fruit Cheese Stick & Fruit	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit + Chefs Choice Salad Green Sala	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit + Chefs Choice Salad Green Salad

Maternelle

Beef Stew

<u>Maternelle</u> Chicken Schnitzel