








Menu

Pretoria
08 –12 September 2025



		<u>Maternelle</u> Portuguese Chicken	<u>Maternelle</u> Creamy Tuna Baked	<u>Maternelle</u> Chicken Russian	<u>Maternelle</u> Beef Stroganof	
		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY
MATIN MORNING	 Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only Maternelle : Fruit +...</i>	Seasonal Fruit Portuguese Day	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	` Seasonal Fruit
DÉJEUNER – LUNCH	 Entrée / Starter <i>Choice of garden salad or...</i>	Chefs Choice Salad Green Salad Portuguese Chickpea Salad	Chefs Choice Salad Greek Salad Waldof Salad	Chefs Choice Salad Green Salad 3 Bean Salad	Chefs Choice Salad Green Salad Lemon Couscous Salad	Salad Bar
	 VÉGÉTARIEN VEGETARIAN					
	 Plat- Main	 VIANDE / POISSON MEAT / FISH	Portuguese Mild Peri-Peri Chicken served Thyme & Garlic Gravy	Creamy Tuna and Pasta baked with Mozzarella cheese	Chicken Russian Roll with Caramelised Onion & Cheese Sauce	Beef Stroganoff with Peppers and Cream Cheese
	 ACCOMPAGNEMENTS SIDE ORDERS	Creamy Garlic Spinach Mashed Potato French Bread	Syrup Glazed Baby Carrots Macaroni Pasta French Bread	Buttered Mixed Veggies Sweet Potato Wedges French Bread	Corn on a cob Fluffy Rice French Bread	Warm Chakalaka French Bread
	 Dessert Desert	Koeksister	Fruit & Yoghurt SALAD BAR	Fruit Salad	Fruit & Cheese Stick SALAD BAR	Fruit & Yoghurt

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
For any questions, suggestions or comments, please email: cantinelJv@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
These menus can change depending on supply of provisions.