

Pretoria Week 102 - 05 September 2025



				<u>Maternelle</u> Cheesy Burger	<u>Maternelle</u> Chicken Pasta	<u>Maternelle</u> Crumb Hake fillet	<u>Maternelle</u> Beef Casserole	Lycée Jules Verne PREPARED FOR THE WORLD French International School
_				LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	V E N D R E D I F R I D A Y
	MATIN MORNING	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +			Seasonal Fruit Italian Day	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	DÉ JEUNER - LUNCH	Entrée / Starter Choice of garden salad or			Chefs Choice Salad Green Salad Carrot & Pine Salad	Chefs Choice Salad Green Salad Tomato & Coriander Salsa	Chefs Choice Salad Green Salad Broccoli and Cheese	Salad Bar
		Plat- Main	VÉGÉTARIEN VEGETARIAN					
			VIANDE /POISSON MEAT /FISH		Italian Creamy Chicken, Garlic and Mushrooms Tetrazzini	Crumb Hake Fillet Served with Creamy Tartar Sauce	Slow Cooked Beef Casserole with Potato and Carrot	Pan Grilled Chicken Breast with Tomato Gravy
			ACCOMPAGNEMENTS SIDE ORDERS		Baby Marrow & Onion Medley Spaghetti French Bread	Stir Fry Veggie Lemon Couscous French Bread	Roasted Cinnamon Butternut Lentil Rice Garlic Bread	Fried Salt & Pepper Cabbage Parsley Baby Potato French Bread
		Dessert Desert			Fruit & Yoghurt SALAD BAR	Fruit & Cheese stick	Chocolate Eclair SALAD BAR	Fruit & Yoghurt