

## Menu

## **Pretoria Week 2 09 -13 June 2025**

**Maternelle** 

Beef Stew with

Cous cous

<u>Maternelle</u> Fish Pasta OR

Bites with Tomato

sauce



			LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	V E N D R E D I F R I D A Y
MATIN MORNING	Collation primaire / Primary snack  Elémentaire : Fruit seulement /only  Maternelle : Fruit +		Seasonal Fruit	Seasonal Fruit CONGOLESE DAY	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit Chicken Ham Sandwich
D É	Entrée / Starter Choice of garden salad or		Chefs Choice Salad Green Salad Waldof Salad	Chefs Choice Salad Greek Salad Lentil Salad	Chefs Choice Salad Green Salad Harissa Cous cous Salad	Chefs Choice Salad Green Salad Carrot & Pineapple Salad	Salad Bar
J E U N		VÉGÉTARIEN VEGETARIAN					
E R	Plat- Main	VIANDE/POISSON MEAT/FISH	Beef Cottage Pie topped with Butternut Mash	Senegalese Poulet Yassa with Creamy Dijon Mustard, Onion	Creamy Fish Pasta	Braised Beef short Ribs with Baby Carrot	Sticky Chicken Kebabs with Sweet Chilli Dipping Sauce
L U N		ACCOMPAGNEMENTS SIDE ORDERS	Roasted Vegetable Medley Butternut & Potato Mash French Bread	Soup of the day Spiced Green Bean Fluffy Rice French Bread	Ratatouille Veg Penne Pasta French Bread	Soup of the day Cous Cous French Bread	Potato Wedges
C H	Dessert Desert		Yoghurt & Fruit	Fruit Salad	& Fruit	Cheese Stick & Fruit	Yoghurt & Fruit

Maternelle

Chicken Yassa

<u>Maternelle</u> Cottage Pie