



# Menu

Pretoria

Week 3

26 - 30 May 2025



**Maternelle**  
Fish Bites & Cous  
Cous

**Maternelle**  
Beef Stew with  
Pap

**Maternelle**  
Chicken Breyani

**Maternelle**  
Pizza








**LUNDI**  
**MONDAY**

**MARDI**  
**TUESDAY**

**MERCREDI**  
**WEDNESDAY**

**JEUDI**  
**THURSDAY**

**VENDREDI**  
**FRIDAY**

MATIN MORNING		LUNDI MONDAY		MARDI TUESDAY		MERCREDI WEDNESDAY		JEUDI THURSDAY		VENDREDI FRIDAY		
 <b>Collation primaire / Primary snack</b> <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>		Seasonal Fruit		Seasonal Fruit		Seasonal Fruit <b>CHINESE DAY</b>		Seasonal Fruit		Seasonal Fruit		
 <b>Entrée / Starter</b> <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Curried Bean Salad		Chefs Choice Salad Green Salad Tabouli Salad		Chefs Choice Salad Green Salad Asian Soy Slaw		Chefs Choice Salad Green Salad Basil Pesto Pasta		Salad Bar		
DÉJEUNER - LUNCH	 <b>VÉGÉTARIEN</b> <b>VEGETARIAN</b>											
	 <b>Plat-Main</b>		 <b>VIANDE / POISSON</b> <b>MEAT / FISH</b>		Chicken Schnitzel with Parmesan Cheese Sauce & Mashed Potato		Creamy Hake and Potato Bake		Chinese Soy Beef Stir Fry with Chinese Egg Noodles		Assorted Pizza	
	 <b>ACCOMPAGNEMENTS</b> <b>SIDE ORDERS</b>		Mashed Potato French Bread		Spiced Baby Marrow & Onion Medley Lemon Couscous French Bread		Chinese Stir Fry Veggies Chinese Egg Noodles French Bread		Fresh Chips		Roasted Medley of Mixed Vegetable French Bread	
	 <b>Dessert</b> <b>Desert</b>		Yoghurt & Fruit		Cheese Stick & Fruit		Yoghurt & Fruit		Cinnamon Doughnut & Fruit		Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : [cantineljv@lyceejulesverne-jhb.net](mailto:cantineljv@lyceejulesverne-jhb.net)  
 For any questions, suggestions or comments, please email: [cantineLJV@lyceejulesverne-jhb.net](mailto:cantineLJV@lyceejulesverne-jhb.net)

Ces menus peuvent être modifiés en fonction des approvisionnements.  
 These menus can change depending on supply of provisions.