



Menu

Johannesburg

Week 4

27 – 31 January 2024



Maternelle
Garlic & Soy
Chicken Stew
Veg = Stir Fry Veg

Maternelle
Tuna and Pasta
Baked

Maternelle
Sticky BBQ
chicken fillet

Maternelle
Lamb Casserole &
Rice

LUNDI
MONDAY

MARDI
TUESDAY

MERCREDI
WEDNESDAY

JEUDI
THURSDAY

VENDREDI
FRIDAY

MATIN MORNING	Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only Maternelle : Fruit +...</i>		Fruit	Fruit	Fruit	Fruit	Fruit
DÉJEUNER - LUNCH	Entrée / Starter <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Copper penny Salad	Chefs Choice Salad Green Salad Butternut & Feta	Chefs Choice Salad Green Salad Sundried Tomato Pasta Salad	Chefs Choice Salad Green Salad Moroccan Beetroot Salad	Chefs Choice Salads Salad Bar
	Plat- Main	VÉGÉTARIEN VEGETARIAN					
		VIANDE / POISSON MEAT / FISH	Creamy Beef Stroganoff with peppers mushrooms	Tuna and Pasta Baked with Cheese	Thyme Sticky BBQ Chicken Thighs with Sauce	Irish Slow cooked lamb Casserole with Potato, Carrot	Chicken and Chees Griller Hotdogs
		ACCOMPAGNEMENTS SIDE ORDERS	Glazed Carrot roundel/ Couscous	Minted Pea's/French Bread /	Veggie Spiced Roast Vegetables French Bread Thyme Roasted Potato Wedges	Thyme Roasted Butternut/ Steamed Rice	French Bread Garlic Roast S
Dessert Desert		Fruit/ Yoghurt	Fruit/Yoghurt	Jelly and Custard Fruit	Fruit /Yoghurt	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
These menus can change depending on supply of provisions.