

# Menu

Johannesburg

Week 3

20 – 24 January 2024



**Maternelle**  
Spaghetti  
bolignaise

**Maternelle**  
Senegalese  
chicken Yassa

**Maternelle**  
Mac & Cheese

**Maternelle**  
Fish Bites with  
Tomato Sauce








**LUNDI**  
**MONDAY**

**MARDI**  
**TUESDAY**

**MERCREDI**  
**WEDNESDAY**

**JEUDI**  
**THURSDAY**

**VENDREDI**  
**FRIDAY**

MATIN MORNING	 <b>Collation primaire / Primary snack</b> <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>		Seasonal Fruit	Fruit Cup	<b>Vegetarian Day</b> Seasonal Fruit	Fruit Salad	Seasonal Fruit Waffles with Barone Spread
<b>DÉJEUNER - LUNCH</b>	 <b>Entrée / Starter</b> <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Mediterranean Couscous	Chefs Choice Salad Green Salad Beetroot Salad	Chefs Choice Salad Green Salad Mixed Bean Salad	Chefs Choice Salad Green Salad Basil Pesto Pasta	Chefs Choice Salads Salad Bar
	 <b>Plat-Main</b>	 <b>VÉGÉTARIEN</b> <b>VEGETARIAN</b>	Creamy Vegetable Bolognese with Parmesan cheese	Baby Vegetable Stew with Veggies strips	Creamy Baked Macaroni and cheese	Vegetarian Strips with Pink Sauce	Mexican Open Wrap with Chilli Con Carne & Corn, Bean and Avo Salad & Cheese
		 <b>VIANDE / POISSON</b> <b>MEAT / FISH</b>	Beef spaghetti Bolognese with parmesan cheese	Senegalese Chicken Yassa with Caramelised Onion	Creamy Baked Macaroni and Cheese	Crumbed Hake Fillet / Fish fingers with Pink Sauce	Mexican Open Wrap with Chilli Con Carne & Corn, Bean and Avo Salad & Cheese
		 <b>ACCOMPAGNEMENTS</b> <b>SIDE ORDERS</b>	Oven Roasted Mixed Vegetable	Green Bean Stew with tomato onion Sauce / Savoury Rice	Mashed Cinnamon Butternut French Bread Macaroni Pasta	Buttered Pea's, Corn & Carrots French Bread Mashed Potato	French Bread Fresh Fried Chips
 <b>Dessert</b> <b>Desert</b>		Yoghurt/Fruit	Yoghurt & Fruit	Chocolate Doughnut Fruit	Yoghurt & Fruit	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : [cantineljv@lyceejulesverne-jhb.net](mailto:cantineljv@lyceejulesverne-jhb.net)  
 For any questions, suggestions or comments, please email: [cantineLJV@lyceejulesverne-jhb.net](mailto:cantineLJV@lyceejulesverne-jhb.net)

Ces menus peuvent être modifiés en fonction des approvisionnements.  
 These menus can change depending on supply of provisions.