



Menu

Johannesburg

Week 4

25 – 29 November 2024



Maternelle
Garlic & Soy
Chicken Stew
Veg = Stir Fry Veg

Maternelle
Fish Fingers with
Tomato sauce

Maternelle
Sticky BBQ
chicken fillet

Maternelle
Beef Casserole &
Rice

LUNDI
MONDAY

MARDI
TUESDAY

MERCREDI
WEDNESDAY

JEUDI
THURSDAY

VENDREDI
FRIDAY

MATIN MORNING	Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only Maternelle : Fruit +...</i>		Fruit Salad	Seasonal Fruit	Fruit Cups	Seasonal Fruit	Seasonal Fruit Cocktail Roll with Tuna Mayo
DÉJEUNER - LUNCH	Entrée / Starter <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Copper penny Salad	Chefs Choice Salad Green Salad Butternut & Feta	Chefs Choice Salad Green Salad Sundried Tomato Pasta Salad	Chefs Choice Salad Green Salad Cucumber, Mint & Yoghurt	Chefs Choice Salads Salad Bar
	Plat-Main	VÉGÉTARIEN VEGETARIAN	Garlic & Soy Vegetable Stir Fry Chow Mein	Creamy Cheese and Potato Bake	Baby Marrow and Tomato Bake	Chickpea Casserole with Baby Onion and Carrot	Vegetarian Sausage Hotdogs
		VIANDE / POISSON MEAT / FISH	Garlic & Soy Beef Stir Fry Chow Mein	Creamy Hake Fish and Potato Bake	Sticky BBQ Chicken Thighs	Beef Casserole with Baby Onion and Carrot	Chicken and Chees Griller Hotdogs
		ACCOMPAGNEMENTS SIDE ORDERS	Steamed & Seasoned Broccoli French Bread Egg Noodles	Minted Pea's French Bread Savoury Couscous	Veggie Spiced Roast Vegetables French Bread Thyme Roasted Potato Wedges	Buttered Green Beans French Bread Fluffy White Rice	French Bread Fresh Fried Chips
Dessert Desert		Fruit	Fruit/Yoghurt	Chef's Surprise Dessert Fruit	Fruit	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
These menus can change depending on supply of provisions.