



Menu

Pretoria **Week 3**
18 – 22 November 2024



Maternelle
Chicken Schnitzel
with Tomato
Sauce
LUNDI
MONDAY

Maternelle
Beef Stroganoff
with Rice
MARDI
TUESDAY

Maternelle
Mac & Cheese
MERCREDI
WEDNESDAY

Maternelle
Fish Bites with
Tomato Sauce
JEUDI
THURSDAY

VENDREDI
FRIDAY

MATIN MORNING	Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only Maternelle : Fruit +...</i>		Seasonal Fruit	Fruit Cup	Vegetarian Day Seasonal Fruit	Fruit Salad	Seasonal Fruit Waffles with Barone Spread
DÉJEUNER - LUNCH	Entrée / Starter <i>Choice of garden salad or...</i>		Chefs Choice Salad Green Salad Mediterranean Couscous	Chefs Choice Salad Green Salad Beetroot Salad	Chefs Choice Salad Green Salad Mixed Bean Salad	Chefs Choice Salad Green Salad Basil Pesto Pasta	Chefs Choice Salads Salad Bar
	Plat-Main	VÉGÉTARIEN VEGETARIAN					
		VIANDE / POISSON MEAT / FISH	Chicken/Pork Schnitzel with Parmesan Cheese Sauce	Beef Stroganoff with Green Peppers	Creamy Baked Macaroni and Cheese	Crumbed Hake Fillet / Fish fingers with Pink Sauce	Mexican Open Wrap with Chilli Con Carne & Corn, Bean and Avo Salad & Cheese
		ACCOMPAGNEMENTS SIDE ORDERS	Sweet glazed Carrots French Bread Roasted Rosemary Baby Potatoes	Garlic Stir Fried Vegetable Medley French Bread Steamed Rice	Mashed Cinnamon Butternut French Bread Macaroni Pasta	Buttered Pea's, Corn & Carrots French Bread Mashed Potato	French Bread Fresh Fried Chips
Dessert Desert		Fruit	Yoghurt & Fruit	Chocolate Doughnut Fruit	Yoghurt & Fruit	Fruit Salad	

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
These menus can change depending on supply of provisions.