








Menu

JHB
Week 4/ Date 25-28
March 2024



		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY	
MATIN MORNING	 Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only Maternelle : Fruit +...</i>	Waffle one bar Sauce Fruit	Mini Croissant Fruit	Biscuit & Cheese Fruit	Cheesy Pan cakes Fruit	Holiday	
	 Entrée / Starter <i>Choice of garden salad or...</i>	Garden Salad Avocado and cucumber salad	Garden Salad Mediterranean Couscous Salad	Darden Salad Coleslaw Salad	Garden Salad Tuna & Butter Bean Salad	Holiday	
DÉJEUNER - LUNCH	 Plat- Main	 VÉGÉTARIEN VEGETARIAN	Chickpeas and Vegetable Casserole	Roasted Vegetable Provencal	Baked Spinach and feta Quiches	South African Tradition Vegetable Bredie	Holiday
		 VIANDE / POISSON MEAT / FISH	Garlic Roasted Beef with Creamy Pepper Sauce	Chicken Schnitzel Served with Provencal Sauce	Crumbed Hake Goujon with Tartar Sauce	South African tradition Beef Bredie	Holiday
		 ACCOMPAGNEMENTS SIDE ORDERS	Roasted Veggies Rosemary Potato Wedges	Roasted Butternut Rustic Fluffy Rice	Vegetable Stir-fry savoury Couscous	Creamy Spinach Mash Potoato	Holiday
	 Dessert Desert	Fruit	Fruit/Yoghurt	Dark Chocolate Mousse with Strawberries	Fruit	Holiday	

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
These menus can change depending on supply of provisions.