








Menu

JHB
Week 3/ Date 19-23
OCTOBER 2023



		LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENDREDI FRIDAY	
MATIN MORNING	 Collation primaire / Primary snack <i>Elémentaire : Fruit seulement /only</i> <i>Maternelle : Fruit +...</i>	Cheese Twist Fruit	Boiled Eggs & Bread Fingers Fruit	C/tail Roll & Cheese Spread Fruit	Chicken Rissole Fruit	Fruit Salad /yoghurt	
	 Entrée / Starter <i>Choice of garden salad or...</i>	Garden Salad Corn and Tuna Salad	Garden Salad Tomato,Cucumber Red Onion Sambals	Garden Salad Coleslaw Salad	Garden Salad Greek Salad	Salad Bar	
DÉJEUNER - LUNCH	 Plat- Main	 VÉGÉTARIEN VEGETARIAN	Vegetable Spaghetti Bolognaise	Butter Vegetable Curry	Vegetable Gnocchi with Rich Cheese Tomato Sauce	Indian Potatoes and Vegetable Curry	
		 VIANDE /POISSON MEAT /FISH	Spaghetti Bolognaise with Tomato and basil Sauce	Butter chicken Curry with Dhania,Cream	African Pork Casserole / or Beef Sausage Casserole	Roasted Fish Bite with Capers Sauce	Chicken Hot Dogs
		 ACCOMPAGNEMENTS SIDE ORDERS	Mixed Vegetable Spaghetti	Corn & Peas Fluffy Basmati Rice	Stir fry Vegetable Pap or Mash potato	Mediterranean Vegetable Couscous	French Fries
		 Dessert Desert	Fruit	Fruit /Yoghurt	Fruit/Salad	Fruit/Yoghurt	Fruit

Pour toute question, suggestion ou commentaire, envoyez un email à : cantineljv@lyceejulesverne-jhb.net
 For any questions, suggestions or comments, please email: cantineLJV@lyceejulesverne-jhb.net

Ces menus peuvent être modifiés en fonction des approvisionnements.
 These menus can change depending on supply of provisions.