

PTA Week 3 / 22-26 JAN 2023



			LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	V E N D R E D I F R I D A Y
MATIN MORNING	Collation primaire / Primary snack Elémentaire : Fruit seulement /only Maternelle : Fruit +		Fruit	Fruit	Fruit Vegetarian day	Fruit	Fruit
DÉJEUNER - LUNCH	Entrée / Starter Choice of garden salad or		Garden Salad Mexican Salad with beans & Avo	Garden Salad Watermelon, Rocket & Feta Salads	Garden Salad Couscous & Chicken Salads	Garden Salad Coleslaw Salads	Salad Bar
	Plat- Main	VÉGÉTARIEN VEGETARIAN					
		VIANDE /POISSON MEAT /FISH	Cheesy Burger with Smokey BBQ Sauce	Asian Green Chicken Stir Fry with Sweet and Sour Sauce	Butternut Ravioli with Creamy Garlic Sauce	Roasted Fish Finger	Cheesy Chicken Wraps & Potato Wedges
		ACCOMPAGNEMENTS SIDE ORDERS	Deep Fried Potato Wedges	Chinese noodles / Stir Fry Veg	Roasted Mixed Babies Vegetable	Roasted Baby Potatoes . Mashed Pumpkin	
	Dessert Desert		Fruit	Fruit	Ice Cream Fruit	Fruit Salad	Fruit