

semaine/week 1

3-7 Septembre 2018

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
petit-déjeuner	fruit	fruit	fruit	fruit	fruit
salades	carrot salad	corn & tuna salad	chicken taboulé	egg salad	beetroot salad
	garden salad	garden salad	garden salad	garden salad	garden salad
légumes	minted peas	mediterranean mixed veg	ratatouille	sautéed green beans	roast mixed veg
végétarien	vegetable spaghetti	veg curry	vegetable galette	veg & haloumi kebab	vegetable wrap
plat principal	spaghetti bolognaise	chicken and veg curry & rice	fish fingers & roast potatoes	honey and mustard chicken drumsticks & couscous	creamy prawn/chicken linguine
dessert	fruit	fruit	fruit salad	ring doughnut	fruit
	yoghurt	yoghurt	yoghurt	yoghurt	yoghurt
	fruit	fruit	fruit salad	ring doughnut	fruit